



PROJECT ANGEL FOOD  
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\_\_\_\_\_  
Client Name (please sign)

\_\_\_\_\_  
Project Angel Food Agent

\_\_\_\_\_  
Client Name (please print)

\_\_\_\_\_  
Date

# PROJECT ANGEL FOOD

## Client Agreement

### CLIENT SERVICES

922Vine Street  
Los Angeles, CA  
90038-2702

tel 800.761.8889

tel 323.845.1810

fax 323.845.1834

angelfood.org

Our goal is to make sure that those who need our service get free home-delivered meals and nutrition counseling. We ask that volunteers, staff and clients help use reach that goal.

Out clients have rights and responsibilities. This agreement tells you what you need to do to be our client. Please read the following with care:

#### As a client of Project Angel Food, I agree to:

1. **Provide a written diagnosis from my doctor, proof of income, proof of residence and consent to release information** within 4 weeks of enrollment.
2. **Be home and able to get meals** at set delivery time.  
**Call** Client Services if I will not be home for delivery at **(323) 845-1810**. I must call at least **one day ahead** to cancel my delivery.  
I also understand that if I **Miss My Food Deliveries**, Project Angel Food has the right to stop and/or cancel my services.
3. Call **within 24 hours** if I wish to cancel services.
4. Let Client Services know **right away** of any **change in my address** or **my phone number**.
5. **Respect** the privacy of all persons involved with Project Angel Food.
6. Treat all staff and volunteers of Project Angel Food with respect. This means I will not be rude, improper or abusive to staff or volunteers. I will also not be intoxicated when I interact with staff or volunteers.
7. Follow the **Food Safety Guidelines** found in this packet.

**I agree** to get home delivered meals and nutrition counseling services from Project Angel Food.

**I am aware** that services from Project Angel Food are **free of charge**.

**I agree** to release, hold harmless and indemnify Project Angel Food from any liability, cost, claim or damage whatsoever that may result from services provided.

I know that all clients must agree to follow these rules. I know that **Project Angel Food has the right to stop and/or cancel services at any time** if I break any of these rules.

\_\_\_\_\_  
Client Name (*please sign*)

\_\_\_\_\_  
Project Angel Food Agent

\_\_\_\_\_  
Client Name (*please print*)

\_\_\_\_\_  
Date

If you have a complaint, you may call client services at **(323) 845-1810** or toll free at **(800) 761-8889**. You can download our grievance policy form at **www.angelfood.org** and mail it to us. Also, you can call the Los Angeles County Health Department Grievance Line at **(800) 260-8787**.

**PROJECT ANGEL FOOD**  
**Consent To Release**  
**Confidential Information**

CLIENT  
SERVICES  
922Vine Street  
Los Angeles, CA  
90038-2702  
  
tel 800.761.8889  
tel 323.845.1810  
fax 323.845.1834  
angelfood.org

I, \_\_\_\_\_, am aware that any information about me given to Project Angel Food is private. I am aware that it will not be disclosed without my consent.

I permit any doctor or medical group listed as my medical provider to give all records needed to Project Angel Food to establish and re-certify eligibility for services. I am aware that the information will also be used for nutrition assessments.

I understand that all information about me is held in confidence **except** under the following circumstances; if I am considering a harmful act to myself or others; if I am suspected of child abuse, elder abuse, or if a child is a witness to domestic violence. I also understand that Project Angel Food must comply with any court order.

I agree that all persons I report as a medical provider, roommate, caretaker, or emergency contact may be contacted by staff to:

- obtain emergency services information
- to verify delivery or eligibility information

I am aware that this consent is valid from the date it is signed. I am aware that it shall remain valid unless I give written notice to Project Angel Food or until I am no longer a client of the agency.

\_\_\_\_\_  
Client Name *(please sign)*

\_\_\_\_\_  
Project Angel Food Agent

\_\_\_\_\_  
Client Name *(please print)*

\_\_\_\_\_  
Date

# PROJECT ANGEL FOOD

## Client Information

Please fill out all information on form

**PLEASE PRINT**

CLIENT  
SERVICES  
922Vine Street  
Los Angeles, CA  
90038-2702

tel 800.761.8889  
tel 323.845.1810  
fax 323.845.1834  
angelfood.org

Name \_\_\_\_\_ Date \_\_\_\_\_  
Last First

Mail Address \_\_\_\_\_  
Street Apt#

City \_\_\_\_\_ State **CA** Zip \_\_\_\_\_

Do you want to get mail from us at this address? YES NO

Phone \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
Home Phone Cell Phone / other

Can we leave a message for you at these phone numbers? YES NO

Date of Birth \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
Month Day Year

Main Doctor's Name \_\_\_\_\_

Clinic \_\_\_\_\_

Phone \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Fax \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Name of Medical Insurance Carrier(s) \_\_\_\_\_

Case Manager's Name \_\_\_\_\_

Agency \_\_\_\_\_

Phone \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Fax \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

I would like **ORAL** contact in:

\_\_\_\_\_ English \_\_\_\_\_ Spanish \_\_\_\_\_ Other: \_\_\_\_\_

I would like **WRITTEN** contact in:

\_\_\_\_\_ English \_\_\_\_\_ Spanish \_\_\_\_\_ Other: \_\_\_\_\_

# PROJECT ANGEL FOOD

## Food Safety Guidelines

CLIENT  
SERVICES  
922Vine Street  
Los Angeles, CA  
90038-2702

tel 800.761.8889  
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fax 323.845.1834  
angelfood.org

## **KEEP FOR YOUR RECORDS**

### **FROZEN MEAL INSTRUCTIONS**

- Frozen meals **must be put in your freezer as soon as you get them from your driver.** Do not leave them out and do not put one in your refrigerator unless you plan to thaw it.
- You may thaw a frozen meal before you cook it-but **always** thaw it in the refrigerator. **DO NOT** leave a meal out on the counter to thaw.
  - It will take at least 8 hours for you meal to thaw in the refrigerator.
  - **DO NOT** let a meal thaw in the refrigerator for more than 24 hours. You should eat a frozen meal within 24 hours of it being placed in the refrigerator.
  - **DO NOT REFREEZE** a meal once it is thawed.
- How to cook a frozen or thawed meal:
  - **OVEN:** Preheat your oven to 350° F. Cook thawed meals for 30 minutes. Frozen meals will take about 45 minutes. Some meals, like casseroles, may take up to an hour. Keep the plastic film on to prevent food from drying out.
  - **MICROWAVE:** Heat thawed meals for approximately 3-4 minutes on high power. A frozen meal may take 5-7 minutes in some microwaves. If you cook the meal too long it can dry out. Keep the plastic film on and cut a small slit in the middle. If the microwave does not turn on its own, then turn the meal half way through cooking to help the food to heat evenly.

### **OTHER INFO**

**FREEZER BURN-** Freezer burn look like gray-brown spots on frozen food. It happens when food dries out. It can happen when food is not sealed well or has been frozen for too long. It does not make the food unsafe to eat. You can cut away the spots before or after you cook the food. If you do get a frozen meal with freezer burn please let us know.

**PUNCTURED, BROKEN OR CUTS IN SEAL-** If you get a meal with a punctured, broken or cut plastic seal, **DO NOT EAT THE MEAL** -- throw it out. We want you to be safe. Please let us know right away if you get a meal like this.

**ICE CRYSTALS-** Ice crystals are normal. They form when water in food freezes. If you see ice crystals on your meals do not worry, they are still **safe to eat and will not affect how the meals taste.**

### **FOOD-BORNE ILLNESS**

**PROJECT ANGEL FOOD** takes great pride in serving you food that is healthy and safe to eat. **We take every step we can to keep your food safe and expect your participation to keep food safe after it is delivered to your home.** If you feel that one of the meals we have sent has made you ill, **please call Nutrition Services right away** at 323.845.1800 ext 212.